

Community Resource Guide For Teens and Families North San Diego County



2007

The information in this directory is continually evolving; it is the intent of this collaborative to revise/update the information whenever possible. This directory is provided only as a resource, we cannot guarantee that this is the most current information nor can we certify the quality of services.

If you cannot locate a service or agency in this directory, please call **2 1 1** for further assistance.

HOTLINES

Adult Protective Services	(800) 510-2020	Hotline for reporting elder abuse.
Alcoholics Anonymous	(760) 758-2514	
California AIDS Hotline	(800) 367-2437	
California Poison Action Line	(800) 222-1222	
California Youth Crisis Line	(800) 843-5200	www.youthcrisisline.org
Child Abuse Hotline	(800) 344-6000	Hotline for reporting suspected child abuse.
Crisis Intervention – Girls and Boys Town National Hotline	(800) 448-3000	24-hour crisis, resource and referral line for youth and parents.
Crisis Intervention – The Access and Crisis Line	(800) 479-3339	Crisis Intervention, Mental Health Information and Referral, and Suicide Intervention Resources
Literacy Hotline	(888) 850-7323	Literacy counseling for adults and children. Services offered in San Diego County and North County.
Narcotics Anonymous	(800) 479-0062	24-hour hotline.
National AIDS Hotline	(800) 342-2437	
National Runaway Hotline Switchboard	(800) 621-4000	For those w/ hearing impairment: (800) 448-4663
National Youth Crisis Line	(800) 448-4663	
Sexual Assault/Domestic Violence Crisis Line – Women's Resource Center	(760) 757-3500	This is a Domestic Violence/Rape Crisis Center/hotline and referral service.
Sexual Assault/Domestic Violence Crisis Line – YWCA	(800) 799-7233	A 24-hour crisis hotline that provides counseling and referrals for rape and domestic violence.
Sexual Assault/Domestic Violence Crisis Line Ctr. for Community Solutions	(888) 272-1767	A 24-hour crisis hotline that provides counseling and referrals for rape and domestic violence.
Sexual Assault/Domestic Violence Crisis Line South Bay Community Services	(800) 640-2933	
Suicide Crisis Center	(800) SUICIDE (800) 784-2433	24-hr Crisis Line
Youth Crisis Intervention - YMCA Juvenile Crisis Program	(619) 543-9850	Hotline for youth in crisis.
Youth-to-Youth Helpline	(866) 222-1886	A number that youth can call and talk to other youth, for help.

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BEREAVEMENT

SERVICE Bereavement	ORGANIZATION Elizabeth Hospice	ADDRESS 150 W. Crest St. Escondido, CA 92025
PHONE (760) 737-2050	FAX	WEBSITE www.elizabethhospice.org

DESCRIPTION

Offers support mechanisms for bereaved families through professionally facilitated supports groups, which focus on the emotional aspects of the grief process and allows individuals to talk about their feelings and to begin the grief recovery process in a safe environment. Assessment and short-term counseling are offered and community referral is available. Special caregiver and holiday support groups are also offered. Intake by phone, no fees charged, English/Spanish and other translation services available. For more bereavement information, please call the number provided.

Hours: M-F 8:00am-5:00pm

SERVICE Bereavement	ORGANIZATION Emmanuel Faith Community Church	ADDRESS 639 E. Felicita Ave Escondido, CA 92025
PHONE (760) 745-2541	FAX	WEBSITE www.efcc.org

DESCRIPTION

Grief Share: 12 week group/workshop offered twice a year for those age 16 and older who have experienced the death of a friend or family member. This is a nurturing place where people can find peace, hope, healing and friendship. An outreach program of Emmanuel Faith Community Church (non-denominational).

Hours: M-F 8:30am-5:00pm

BEREAVEMENT

SERVICE Bereavement	ORGANIZATION Escondido Seventh-Day Adventist Church	ADDRESS 1233 W. 9th Ave Escondido, CA 92025
PHONE (760) 471-6060	FAX (760) 471-0605	WEBSITE www.escondidosda.org

DESCRIPTION

Grief Recovery: Seminars and support group, and I Witness Drama Team: Faith based and/or character and choice related performances by request upon availability. The population served is youth & adults (Dramas and grief recovery). There is no cost for these services.

Hours: M-Th 9:00am-3:30pm

SERVICE Bereavement	ORGANIZATION Survivors of Homicide Victims	ADDRESS 4407 Manchester Ave Encinitas, CA 92024
PHONE (760) 753-2288	FAX	WEBSITE

DESCRIPTION

Support group and individual counseling for those who have lost a friend or family member.

Hours: call for support group times

CHILDCARE

SERVICE Childcare	ORGANIZATION Escondido Community Child Development Center	ADDRESS 819 W. 9th Ave Escondido, CA 92025
PHONE (760) 839-9361	FAX (760) 745-8567	WEBSITE ECCDC@aol.com

DESCRIPTION

Provides administrative services for all of Escondido Community Child Development Center's services and programs. Provides year-round day care for low-income working families. Provides parent education and health-related screenings including dental, vision, speech, and hearing for enrolled children. Provides early intervention mental health behavior modification with a licensed MFT on site. Sliding scale based on income level, need, and size of household. Agency licensed for 303 infants (4 months old) thru kindergarten. Tuition program is also available.
Languages: Spanish, French, Vietnamese

Hours: M-F 6:30am-5:30pm

SERVICE Childcare	ORGANIZATION First 5 Escondido	ADDRESS 442 S. Escondido Blvd Escondido, CA 92025
PHONE (760) 489-4131	FAX (760) 489-4119	WEBSITE

DESCRIPTION

A comprehensive infant, toddler and preschool program offered through the Escondido Union School District, which provides a support system to children from birth up to age five to promote readiness for kindergarten. This program is offered free of charge to children and their families who reside in the school attendance areas of Lincoln, Pioneer, Rose, Oak Hill, Central, Juniper and Felicita Schools. The program also offers a resource center available to children, families and child care providers to provide links to community services, educational programming, health and developmental screenings, behavior support, and case management services. A resource center for children ages 0-5 is open on Tuesdays from 7:45-11:30 am and Thursdays from 12:00-4:00pm.

Hours: M-Th 7:30am-4:30pm/ F 7:30am-4:00pm

CHILDCARE

SERVICE Childcare	ORGANIZATION Head Start	ADDRESS 800 W. Los Vallecitos Ste. J San Marcos, CA 92069
PHONE (760) 471-4210	FAX	WEBSITE www.maacproject.org

DESCRIPTION

Education and social services for 3-5 years old with special needs or from a low income family.

Hours: M-F 8:00am-5:00pm

SERVICE Childcare	ORGANIZATION NHS Esperanza/ Early Head Start	ADDRESS 2950 Bear Valley Pkwy S. Escondido, CA 92025
PHONE (760) 520-0121	FAX	WEBSITE

DESCRIPTION

Childcare and family development services for children 0-3 years old.

CHILDCARE

SERVICE Childcare	ORGANIZATION Palomar College Child Development Center	ADDRESS 1951 E. Valley. Pkwy Escondido, CA 92027
PHONE (760) 744-1150 ext.8155	FAX	WEBSITE www.palomar.edu/children scenter

DESCRIPTION

Children must be three years old to enroll at this Center and can continue until they begin kindergarten. The Center is open to students, faculty, staff and community parents. Fees are \$28.50 for a full day and \$21.50 for a half day. Limited funding is available to Palomar College Students. Palomar College students may apply for subsidized child care, which is based on family size and gross monthly income. To qualify for subsidized child care, students must be enrolled in academic classes during the time children attend the Center. The Escondido Center has a STATE PRESCHOOL PROGRAM for children 3 to 5 years old. Children are enrolled for five days a week, 1 p.m.-4pm Monday through Friday. You may pre-register by completing an application online or by coming into the Escondido Center.

Hours: M-F 7:00am-5:30pm

SERVICE Childcare	ORGANIZATION San Diego County Family Child Care Association	ADDRESS PO Box 3238 Vista, CA 92085
PHONE (760) 727-6498	FAX	WEBSITE http://www.sdcfccca.org/

DESCRIPTION

Gives Child Care referrals for licensed family Day Care providers that are close to your home or your work site. Can also give tips for interviewing, day care provider and parents rights and responsibilities. In Escondido call 746-3759.

Hours: Appointment only

CHILDCARE

SERVICE Childcare	ORGANIZATION YMCA Childcare Resource Services	ADDRESS 150 Valpreda Rd #212 San Marcos, CA 92069
PHONE (760) 471-2751	FAX (760) 471-2844	WEBSITE www.ymcacr.org

DESCRIPTION

Child Care Referral number 1-800-481-2151 or North County (760) 471-2751. If calling after hours please leave message. Referrals to all types of programs for children 0-14 yrs, and parenting skills classes. Resource library with books, videos, resource files on a variety of topics and safety tips for parenting young children. Located at 150 Valpreda Rd #212. Sign up for childcare subsidy at www.childcaresandiego.com

Hours: M-F 7:30am-4:30pm

COMMUNITY SERVICE

SERVICE Community Service	ORGANIZATION City of Escondido-Public Works Department	ADDRESS 475 N. Spruce St. Escondido, CA 92027
PHONE (760) 802-0531	FAX	WEBSITE

DESCRIPTION

Volunteer program for graffiti removal in the City of Escondido.

Hours: Vary

COMMUNITY SERVICE

SERVICE Community Service	ORGANIZATION Escondido Education COMPACT	ADDRESS 2247 E. Valley Pkwy Escondido, CA 92027
PHONE (760) 839-4515	FAX (760) 489-4481	WEBSITE www.educationcompact. org

DESCRIPTION

Opportunities for High School students to go out into the community and earn volunteer hours for graduation requirements or scholarships. There are two different groups: Helping Hands is a student run club that provides volunteer opportunities. The Community Service Dept. also offers many volunteer opportunities. Students can sign up for projects directly on the website, if calling ask for Sue Staley.

Hours: M-Th 9:00am-6:00pm/ Alternate Fridays 9:00am-5:00pm

SERVICE Community Service	ORGANIZATION Volunteer San Diego	ADDRESS 4699 Murphy Canyon Rd San Diego, CA 92123
PHONE (800) 865-8683	FAX	WEBSITE www.volunteersandiego. org

DESCRIPTION

Provides opportunities for individuals and groups to volunteer for more than 700 community organizations. Supports the creation and sustainability of workplace volunteer groups throughout the county. Provides training, technical assistance, networking, and information exchange for corporate volunteer groups. Also provides board referrals and training to individuals and organizations. Maintains a website of volunteer opportunities throughout the county.

Hours: 8:00am-4:30pm

COUNSELING

SERVICE Counseling	ORGANIZATION American Cancer Society	ADDRESS 2655 Camino Del Rio N San Diego, CA 92108
PHONE (619) 682-7415	FAX	WEBSITE www.cancer.org

DESCRIPTION

Kids Count Too, offered by the American Cancer Society, is a free program for young people whose grandparents or parents have been diagnosed with cancer. Young people gain educational information about cancer as well as receive an opportunity to share their emotions with others.

SERVICE Counseling	ORGANIZATION Catholic Charities	ADDRESS 328 Vista Village Dr Vista, CA 92083
PHONE (760) 631-4792	FAX	WEBSITE www.catholiccharitiesusa .org

DESCRIPTION

Provides referrals to area shelters, counseling, drug rehabilitation and job/career centers.

**Hours: M-F 8:30am-4:00pm
Closed 12:00pm-1:00pm**

COUNSELING

SERVICE Counseling	ORGANIZATION Dispute Resolution Program	ADDRESS 200 Michigan Ave Vista, CA 92084
PHONE (760) 726-4900	FAX (760) 726-6102	WEBSITE www.nclifeline.org

DESCRIPTION

This program offers counseling/mediation, fair housing legal consultation, mediation training. Services for Seniors and Persons with Disabilities.

**Hours: M-Th 8:30am-5pm/F 8:30am 2pm
(phone service until 5 pm)**

COUNSELING

SERVICE Counseling	ORGANIZATION Mental Health Systems, Inc. CAT Program -WINGS Program -YAR (Youth At Risk)	ADDRESS 240 S. Hickory Suite 110 Escondido, CA 92025
PHONE (760) 747-0205	FAX	WEBSITE www.mhsinc.org

DESCRIPTION

Intervention programs for families with youth who have chronic behavior problems or other issues that place them at risk of entering or continuing in the Juvenile Justice System. Services address substance abuse, violence prevention, gender specific needs, victimization and abuse, and mental health issues.

Hours: M-Th 8am-7pm/ F 8am-5pm

SERVICE Counseling	ORGANIZATION Lifeline Community Services, Inc. - Coastal Office	ADDRESS 110 Copperwood Way, Suite Q Oceanside, CA 92054
PHONE (760) 757-0118	FAX (760) 757-0196	WEBSITE www.nclifeline.org

DESCRIPTION

Offers counseling/mental health services, mediation and legal services, youth services through the CAT and WINGS teams.

Hours: M-Th 8:30am-5:00pm/ F 8:30am-2:00pm

SERVICE Counseling	ORGANIZATION North County Lifeline, Inc.	ADDRESS 200 Michigan Ave Vista, CA 92084
PHONE (760) 726-4900	FAX (760) 726-6102	WEBSITE www.nclifeline.org

DESCRIPTION

Offers individual, family and adolescent group counseling. Domestic violence groups for adults and parenting programs are also available. English/Spanish available.

COUNSELING

SERVICE Counseling	ORGANIZATION Palomar Family Counseling Services	ADDRESS 1002 E. Grand Ave. Escondido, CA 92025
PHONE (760) 741-2660	FAX	WEBSITE

DESCRIPTION

Provides individual, family, couples, and group counseling services on a variety of issues including parent, child, and relationship problems, adoption, aging, stress, bereavement, divorce/separation, abuse, eating disorders, and attention deficit disorder. Offers support groups and classes for parenting, anger management, domestic violence, women's and men's relationships, and youth issues. Some services are provided onsite at schools and childcare locations in the North County. Provides court-ordered and noncourt-ordered services to victims and perpetrators of domestic violence. Offers 52-week domestic violence classes for Spanish/English speaking males and for English speaking women. Phone for appointment. Fees are based on a sliding fee scale. Insurance accepted: Medicare, Military, Private, UBH, CA Blue Cross, MHN, and EPA.

Hours: 8:30am-5:00pm

SERVICE Counseling	ORGANIZATION Victory Outreach	ADDRESS 1111 Washington Ave. Escondido, CA 92025
PHONE (760) 745-9727	FAX	WEBSITE

DESCRIPTION

Drug and gang intervention.

Hours: T-F 9:00am-4:00pm

COUNSELING RESOURCES

SERVICE Counseling Resources	ORGANIZATION The Therapist Directory of San Diego	ADDRESS
PHONE (858) 483-0876	FAX	WEBSITE www.sandiegotherapists. com

DESCRIPTION

See WEBSITE to see comprehensive information about a variety of therapists (including marriage and family therapists, clinical social workers, psychologists, and psychiatrists) who have a wide range of specialties. This free directory is to empower the people of San Diego to make informed choices regarding therapy.

COUNSELING/CHILD ABUSE PREVENTION

SERVICE Counseling/Child Abuse Prevention	ORGANIZATION Home Start, Inc.	ADDRESS 463 N. Midway Dr. Escondido, CA 92025 92027
PHONE (760) 489-4951	FAX (760) 489-4811	WEBSITE www.home-start.org

DESCRIPTION

Provides home-based, family-focused bilingual Spanish/English education and family development (long and short-term) to low-income families with children who are at risk of child abuse, domestic violence, juvenile delinquency and other forms of social failure. Home-based family support services: information and referral, home management, child development education, stabilization assistance from economic crises; victim advocacy; community vision development, and community action planning.

Hours: M-F 8:30am-5:00pm

COASTAL OFFICE: 1320 Union Plaza Ct.
Oceanside, CA 92054
PHONE (760) 439-7513 X234
FAX (760) 439-5625

CPS

SERVICE CPS	ORGANIZATION Health and Human Services/Escondido Service Center	ADDRESS 463 N. Midway Dr. Escondido, CA 92025
PHONE (858) 514-6885	FAX	WEBSITE

DESCRIPTION

Children's services up to 18 years, children, parents and adolescents. Investigates reports of suspected child abuse, neglect, and exploitation.

Hours: M-F 8am-5pm

CULTURAL ADVOCACY GROUP

SERVICE Cultural Advocacy Group	ORGANIZATION California Indian Legal Services	ADDRESS 609 S. Escondido Blvd. Escondido, CA 92025
PHONE (760) 746-8941	FAX	WEBSITE www.calindian.org

DESCRIPTION

Provides advice to Native Americans on matters primarily related to Native Indian laws. Makes referrals to appropriate agencies for cases involving family, consumers, and other cases of law. Priority cases include Indian land base preservation, special rights, tribal autonomy and sovereignty, Indian culture and identity, and special Indian services. Will not handle criminal cases, fee-generating cases, or Native Indian vs. Native Indian cases. Eligibility: Client income must not exceed 125% of federal poverty guidelines. Intake: Phone interview or walk in. Fees: no fees charged.

Hours: M-F 9am-5pm

CULTURAL ADVOCACY GROUP

SERVICE Cultural Advocacy Group	ORGANIZATION Chicano Federation of San Diego County	ADDRESS 3180 University Ave, Ste 317 San Diego, CA 92104
PHONE (619) 285-5600	FAX (619) 285-5616	WEBSITE www.chicanofederation.org

DESCRIPTION

The Chicano Federation is a multipurpose community-based organization established to serve the Latino community. While the primary target population is low-income Latinos, education, economic development, advocacy, housing, childcare, and social service programs are available to all residents of San Diego County.

Hours: M-F 8am-6pm

SERVICE Cultural Advocacy Group	ORGANIZATION Union of Pan Asian Communities (UPAC)	ADDRESS 1031 25th St. San Diego, CA 92102
PHONE (619) 232-6454	FAX (619) 235-9002	WEBSITE www.upacsd.com

DESCRIPTION

The Union of Pan Asian Communities provides mental health counseling, juvenile delinquency diversion, domestic violence counseling, substance abuse prevention and treatment, senior services and nutrition, health promotion and disease prevention, and economic development and self-sufficiency programs for the Asian and Pacific Islander communities of San Diego County.

Hours: 8:30am-5pm

CULTURAL ADVOCACY GROUP

SERVICE Cultural Advocacy Group	ORGANIZATION Urban League Inc.	ADDRESS 720 Gateway Center Dr San Diego, CA 92102
PHONE (619) 263-3115	FAX (619) 263-3660	WEBSITE www.sdul.org

DESCRIPTION

The San Diego Urban League assists African Americans and other people of color to achieve social and economic equality through educational programs, youth and family services, health services, employment programs, and housing and community development.

Hours M-F 8am-5pm

DENTIST

SERVICE Dentist	ORGANIZATION North County Health Services	ADDRESS 150 Valpreda Rd. San Marcos, CA 92069
PHONE (760) 736-6794	FAX	WEBSITE

DESCRIPTION

This office is English and Spanish speaking. Services provided to children and adults.

Hours: M-Th 8am-7pm/ F-Sat 8am-6pm

DISABILITY

SERVICE Disability	ORGANIZATION Community Interface Services	ADDRESS 2621 Roosevelt St. Carlsbad, CA 92008
PHONE (760) 729-3866	FAX (760) 729-8526	WEBSITE www.communityinterfaceservices.org

DESCRIPTION

Provides adults with developmental disabilities with supported job experience, community integration, life skills and/or roommate. Developmental disabilities include seizure disorder, mental retardation, autism, cerebral palsy, and other similar qualifying conditions. Individuals are determined eligible and referred for services by San Diego Regional Center (private pay arrangements can be made on an individual basis). Serves all North County.

Hours: M-F 8am-4:30pm

SERVICE Disability	ORGANIZATION Exceptional Family Resource Center	ADDRESS 380 Mulberry Dr. Ste. A San Marcos, CA 92069
PHONE (760) 510-3994	FAX (760) 510-3995	WEBSITE www.EFRConline.org

DESCRIPTION

The services are provided by parents of individuals with disabilities. Parent-to-parent support, information & referral, resources & lending library, family and professional educational opportunities. Service is provided at San Marcos North Coastal satellite.

Hours: M-F 9am-12pm

DISABILITY

SERVICE Disability	ORGANIZATION The ARC of San Diego	ADDRESS 1221 Ridge Rd. Vista, CA 92083
PHONE (760) 726-2250	FAX	WEBSITE www.arc-sd.com

DESCRIPTION

This organization is made up of family members who are advocates for individuals and families living with mental retardation. There are support groups, and a wide range of literature and other material on various disabilities. Opportunities to lobby government officials on behalf of people with disabilities. Great web site with links to national organizations. TO REQUEST TRANSPORTATION CALL "LIFT" AT 966-6525.

Hours: M-F 7:30am-4pm

DOMESTIC VIOLENCE

SERVICE Domestic Violence	ORGANIZATION Palomar Pomerado Family Violence Program	ADDRESS 555 E. Valley Pkwy. Escondido, CA 92025
PHONE (760) 739-2140	FAX	WEBSITE

DESCRIPTION

Provides services to people and families in abusive relationships. Advocacy services include: help obtaining emergency and long term housing, financial assistance and access to community resources, court accompaniment, safety planning for children, transportation, childcare, and support for victims of abuse. Counseling services include: group and individual counseling, expressive arts and play therapy for children and parenting support groups.

DOMESTIC VIOLENCE/ RAPE CRISIS

SERVICE Domestic Violence/Rape Crisis	ORGANIZATION Center for Community Solutions	ADDRESS 106 Grape St Escondido, CA 92025
PHONE (760) 747-6282	FAX (760) 747-1635	WEBSITE www.ccssd.org

DESCRIPTION

Services Provided: Domestic Violence & Sexual Assault & Prevention. (Individual counseling; group counseling, Victims/Offenders/Children Exposed. English/Spanish, Advocacy; Legal Clinic; Shelter services, community education). Population served are children, youth, and adults.

Hours: M-F 8:30am-5:30pm

SERVICE Domestic Violence/Rape Crisis	ORGANIZATION Women's Resource Center	ADDRESS 1963 Apple Street Oceanside, CA 92054
PHONE (760) 757-3500	FAX (760) 757-0680	WEBSITE www.wrce@aol.com

DESCRIPTION

Counseling services for sexual assault and domestic violence victims. Shelter also available for domestic violence victims.

Hours: M-F 9am-5pm

EDUCATION

SERVICE Education	ORGANIZATION Escondido Adult School	ADDRESS 3750 Mary Lane Escondido, CA 92025
PHONE (760) 739-7300	FAX (760) 739-7310	WEBSITE www.escondidoadultschool-rop.com

DESCRIPTION

The EAS offers classes in Completing your high school diploma or GED, Learning more about computers for your job or personal use, Improving your basic skills in English, reading or math, Acquiring or enhancing your skills for a better job, Honing your drawing, painting, and artistic skills. Adult ESL Program also available.

Hours: M-Th 10am-9pm/ F 10am-6pm

SERVICE Education	ORGANIZATION Escondido Public Library	ADDRESS 239 S. Kalmia St. Escondido, CA 92025
PHONE (760) 839-4684	FAX	WEBSITE www.ci.escondido.ca.us/library

DESCRIPTION

Offers a variety of programs and services. The library provides computer/internet access, research materials, volunteer opportunities and tutoring.

Hours: M,T,Th 10am-9pm/ W,F,Sat 10am-6pm

EDUCATION

SERVICE Education	ORGANIZATION Escondido Public Library-Literacy Services	ADDRESS 239 S. Kalmia St. Escondido, CA 92025
PHONE (760) 747-2233	FAX	WEBSITE www.ci.escondido.ca.us/library

DESCRIPTION

The Literacy Program is for adults (18 and over) who are not attending high school. Adults will take an assessment test and will be placed in a grade level. One on one tutoring available after the assessment test. The Literacy Program also serves the families of adults enrolled in the program.

Hours: M-F 10am-6pm

SERVICE Education	ORGANIZATION Vista Adult School	ADDRESS 305 E. Bobier dr. Vista, Ca 92083
PHONE (760) 758-7122	FAX	WEBSITE http://209.66.220.47/

DESCRIPTION

Vista Adult School offers business and computer training programs in Legal Secretary, Accounting, Microsoft Office and Keyboarding. Our hands-on classes are interactive and prepare you for employment opportunities.

**Hours: M-Th 8am-9pm
F 8am-3:30pm
Sat 8am-12pm**

EDUCATION

SERVICE Education	ORGANIZATION OASIS North County Center	ADDRESS 280 E. Via Rancho Pkwy Escondido, CA 92025
PHONE (760) 432-0635	FAX	WEBSITE

DESCRIPTION

Located in the former Robinsons-May. OASIS is a non-profit national education organization dedicated to enhancing the quality of life for mature adults. OASIS offers classes in the arts, science, humanities, and wellness and gives opportunities for volunteer service. Membership in OASIS is free and open to persons 50 and over. Other programs include: OASIS Intergenerational Tutoring, a volunteer program that assists youngsters having difficulty reading and Science Across Generations, a program in which mature adults and grade school children learn together about math, science, and technology.

Hours: 10am-3pm

SERVICE Education	ORGANIZATION Regional Occupational Program (ROP)	ADDRESS 3750 Mary Lane Escondido, CA 92025
PHONE (760) 739-7309	FAX (760) 739-7310	WEBSITE www.escondidoadultschool- rop.com

DESCRIPTION

The Regional Occupational Program offers tuition-free career and technical training to residents of San Diego County 16 years of age or older. The courses are designed to provide students with entry-level skills for employment, to improve existing skills, and to articulate with community college training. WALK-IN REGISTRATION ONLY.

Hours: M-Th 10am-6pm/ F 8am-4pm

EMERGENCY SERVICES

SERVICE Emergency Services	ORGANIZATION Catholic Charities	ADDRESS 349 Cedar Street San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org

DESCRIPTION

Immediate need assistance services include food, clothing, shelter referral, and transportation assistance. Information and referral for individuals and families.

**Hours: M-F 9am-3:30pm
Closed 12:30-1pm**

SERVICE Emergency Services	ORGANIZATION The Salvation Army- Family Services	ADDRESS 1301 Las Villas Way Escondido, CA 92026
PHONE (760) 745-8616	FAX (760) 741-6544	WEBSITE

DESCRIPTION

Emergency Assistance - Emergency Financial Assistance, Food & Nutrition Programs.

Hours: Vary

EMPLOYMENT RESOURCES

SERVICE Employment Resources	ORGANIZATION California Conservation Corps (CCC)	ADDRESS 2259 E. Valley Pkwy. Escondido, CA 92027
PHONE (760) 741-9869	FAX	WEBSITE www.ccc.ca.gov

DESCRIPTION

The CCC has exciting opportunities for men and women between the ages of 18 to 23. Join thousands of corps members working throughout the state to protect and enhance our environment and communities by: Planting trees, stenciling storm drains, building trails, preventing floods, weatherizing low-income homes, working with school children, restoring habitat, fighting fires, etc. While in the corps, you can get your GED, live in dorms or commute, earn scholarships, and much more.

Hours: M-F 9am-5pm

SERVICE Employment Resources	ORGANIZATION Catholic Charities	ADDRESS 349 Cedar Street San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org

DESCRIPTION

The only non-profit provider of Employment Case management Services under CalWorks in San Diego County.

**Hours: M-F 9am-3:30pm
Closed 11:30am-12pm**

EMPLOYMENT RESOURCES

SERVICE Employment Resources	ORGANIZATION Center for Employment Training	ADDRESS 1151 E. Washington Ave Escondido, CA 92025
PHONE (760) 747-9115	FAX	WEBSITE www.cetweb.org

DESCRIPTION

Vocational training. Minimum age is usually 17 1/2.

M-F 8am-5pm

SERVICE Employment Resources	ORGANIZATION Escondido Education COMPACT	ADDRESS 2247 E. Valley Pkwy Escondido, CA 92027
PHONE (760) 839-4515	FAX (760) 738-6076	WEBSITE www.educationcompact.org

DESCRIPTION

COMPACT Careers Club provides work readiness services to youth (14-18), to learn the basics of workplace success and the skills required to survive in the real world. Students are assigned a case manager that works closely with the student to set career-related goals. For specific eligibility requirements for this federally funded program, call COMPACT.

Hours: M-every other F 9am-6pm

EMPLOYMENT RESOURCES

SERVICE Employment Resources	ORGANIZATION North County Inland Career Center	ADDRESS 463 N. Midway Dr. Escondido, CA 92027
PHONE (760) 871-1962	FAX (760) 871-1978	WEBSITE www.sandiegoatwork.com

DESCRIPTION

Services include: Customized career search workshops, computer classes, award winning career resource room, on site counselors for referral to Department of Rehabilitation, workshops which lead to the Work Readiness Certificate, consumer credit counseling, and resume critique. These services are offered to adults only.

Hours: M-F 8am-5pm

SERVICE Employment Resources	ORGANIZATION Occupational Training Services	ADDRESS 8799 Balboa Ave. Ste 120 San Diego, CA 92123
PHONE (858) 560-0411	FAX (858) 292-4523	WEBSITE http://www.ots-sdchc.org/

DESCRIPTION

Program servicing people who want to learn new skills for the workplace. Programs available for students include: resume writing workshops, interviewing techniques and job-search training.

Hours: M-F 8am-5pm

EMPLOYMENT RESOURCES

SERVICE Employment Resources	ORGANIZATION San Diego Job Corps	ADDRESS 1325 Iris Avenue Imperial Beach, CA 91932
PHONE (619) 429-8500	FAX (619) 429-4909	WEBSITE www.sandiegojobcorps.org

DESCRIPTION

A full-time, year-round residential program that offers comprehensive training, education and supportive services, including supervised dormitory housing, meals, medical care and counseling. Provides occupational exploration; world of work and social skills training; and competency-based vocational and basic education. Occupational trades offered include construction, automotive mechanics and repair, business and clerical, retail trades, health occupations, computer occupations and culinary arts. To be eligible for Job Corps, participants must be between 16 and 24 years of age; be economically disadvantaged; be high school dropouts or in need of additional education or training; not be on probation or parole; be free of serious medical or behavioral problems, and come from disruptive environments.

FINANCIAL COUNSELING

SERVICE Financial Counseling	ORGANIZATION Springboard Non-profit Consumer Credit Management	ADDRESS 7710 Balboa Ave Suite 218-F San Diego, CA 92111-2228
PHONE (800) 947-3752	FAX	WEBSITE www.credit.org

DESCRIPTION

Program offers consumer education, money management, and debt repayment plans with creditors. Also provides foreclosure prevention, home buyer education, reverse mortgage counseling, and tax assistance. Credit report reviews are available for a nominal fee. Monday thru Friday/Offices in bank buildings. 24-hour/7-day telephone and internet counseling. Eligibility: No age limitation. Fees are based on sliding scale from \$0 to \$20 a month for debt repayment plan administrative fee. Language: English/Spanish.

Hours: M-F 8:30am-8pm/Sat 8:30am-4pm

FOOD & CLOTHING ASSISTANCE

SERVICE	ORGANIZATION	ADDRESS
Food & Clothing Assistance	Hope Family Center	1941 Don Lee Place Ste. C Escondido, CA 92025
PHONE	FAX	WEBSITE
(760) 432-8653		

DESCRIPTION

Offers low-cost food programs and a clothing voucher program to anyone in need.

Hours: M-Sat 10am-6pm

SERVICE	ORGANIZATION	ADDRESS
Food & Clothing Assistance	Interfaith Community Services	550 W. Washington Ave. Ste. B Escondido, CA 92025
PHONE	FAX	WEBSITE
(760) 489-6380		www.interfaithservices.org

DESCRIPTION

Through its continuum of care, Interfaith is able to provide not only food, clothing and shelter, but also, career training and counseling, childcare, physical and mental health care, transitional housing, veterans services and sobering/detoxification services. Provides Detoxification and stabilization program. It also provides daily AA and NA meetings.

Hours: M-F 8am-5pm
Closed first Friday of the month
Emergency intake 8am-10:30am

FOOD & CLOTHING ASSISTANCE

SERVICE	ORGANIZATION	ADDRESS
Food & Clothing Assistance	Operation School Bell of Escondido	2068 E Valley Pkwy Escondido, CA 92027
PHONE	FAX	WEBSITE
(760) 746-0281 ext 103		www.assistanceleague.info /op_school_bell.html

DESCRIPTION

Operation School Bell provides children in need with new school clothing and supplies so they can attend school, have greater self-esteem and perform better academically.

Hours: Appointment only

FOOD ASSISTANCE

SERVICE	ORGANIZATION	ADDRESS
Food Assistance	North County Food Bank	680 Rancheros Dr. Suite 100 San Marcos, CA 92069
PHONE	FAX	WEBSITE
(760) 761-1140	(760) 761-1134	www.northcountyfoodbank.org

DESCRIPTION

This program offers food assistance for lower income families. Families must be referred by an agency to access services.

Hours: T-Th 8am-1pm

FOOD ASSISTANCE

SERVICE Food Assistance	ORGANIZATION The San Diego Food Bank	ADDRESS 9850 Distribution Ave San Diego, CA 92121
PHONE (760) 523-8811 or (866) 350-FOOD	FAX	WEBSITE www.sandiegofoodbank.org

DESCRIPTION

Serves those in need by distributing food to individuals, families and a network of other non-profit organizations that work to alleviate hunger throughout the county.

Hours: M-F 8am-5pm

FOSTER FAMILY SERVICES

SERVICE Foster Family Services	ORGANIZATION New Alternatives	ADDRESS 7867 Convoy Court, Suite 307 San Diego, CA 92111
PHONE (858) 278-1137	FAX	WEBSITE www.newalternatives.org

DESCRIPTION

Foster family support services and foster youth support services.

Hours: M-F 9am-5pm

FOSTER FAMILY SERVICES

SERVICE Foster Family Services	ORGANIZATION North County Children's Assessment Center	ADDRESS 1237 Green Oak Road Vista, CA 92083
PHONE (760) 598-2803	FAX (760) 598-5347	WEBSITE

DESCRIPTION

Intake and receiving facility for children taken into protective custody by San Diego County's Dept. of Health and Human Services and law enforcement personnel serving North San Diego County communities. The Center serves in conjunction with the Polinsky Children's Center, providing a convenient local drop-off site for at-risk children. Intake Hours 10 am to 7 pm.

Hours: M-F 9am-8pm

SERVICE Foster Family Services	ORGANIZATION Straight From The Heart Resource Center and Resale store	ADDRESS 839 W. San Marcos Blvd San Marcos, Ca 92078
PHONE (760) 744-2240	FAX (760) 744-3209	WEBSITE www.straightfromtheheartinc.com

DESCRIPTION

Resources and support for foster parents and youth within the foster care system.

Hours: T-F 10am-3pm

HEALTH

SERVICE Health	ORGANIZATION Children's Hospital & Health Care Urgent Care	ADDRESS 215 S. Hickory St. Ste 212 Escondido, CA 92025
PHONE (760) 739-1543	FAX	WEBSITE

DESCRIPTION

Urgent care services for patients 17 and under.

**Hours: M-F 4pm-10pm/Sat, Sun, Holidays 1pm-10pm
3pm-5pm by appointment only**

SERVICE Health	ORGANIZATION Neighborhood Healthcare-Ray M. Dickinson Wellness Center	ADDRESS 425 N. Date Escondido, CA 92025
PHONE (760) 737-2030	FAX	WEBSITE www.nhcare.org

DESCRIPTION

Healthy Families/Medi-Cal application assistance, CMS, Dental, Community Health Programs, Behavioral Health and Administration. Spanish spoken.

Hours: M-F 8am-6:30pm/ Sat 8am-2pm

HEALTH

SERVICE Health	ORGANIZATION Neighborhood Healthcare-Escondido	ADDRESS 460 N. Elm St. Escondido, CA 92025
PHONE (760) 737-2000	FAX (760) 737-2652	WEBSITE www.nhcare.org

DESCRIPTION

All ages, Pediatrics, Primary, Preventive and Urgent Health Care. Spanish spoken.

Hours: M-W 8am-8pm/ Th-F 8am-5pm/ Sat 8am-2pm

SERVICE Health	ORGANIZATION Neighborhood Healthcare- Pennsylvania Ave.	ADDRESS 641 E. Pennsylvania Ave. #102 Escondido, CA 92025
PHONE (760) 520-8200	FAX	WEBSITE www.nhcare.org

DESCRIPTION

All ages, Primary, Preventive and Chronic Health Care, Spanish spoken.

**Hours: M-F 8:30am-5pm
Closed 12:15pm-1:15pm**

HEALTH

SERVICE Health	ORGANIZATION Neighborhood Healthcare-Women's Center	ADDRESS 401 E. Valley Parkway Escondido, CA 92025
PHONE (760) 737-2020	FAX	WEBSITE www.nhcare.org

DESCRIPTION

Women's Health, Prenatal and Family Planning. Spanish spoken.

Hours: M-F 8am-5pm

SERVICE Health	ORGANIZATION North County Health Services	ADDRESS 150 Valpreda Rd. San Marcos, CA 92069
PHONE (760) 736-6700	FAX (760) 736-6782	WEBSITE www.nchs-health.org

DESCRIPTION

Offers confidential HIV/AIDS testing and counseling. Other services include family counseling, dental care, prenatal care, women's health, family planning, and sports physicals. MediCal accepted or sliding scale fees.

Hours: M-F 8am-7pm/ Sat 8am-3pm

HEALTH

SERVICE Health	ORGANIZATION North Inland Public Health Center	ADDRESS 606 E. Valley Pkwy Escondido, CA 92027
PHONE (760) 740-4000	FAX	WEBSITE

DESCRIPTION

Medical information and assistance, immunizations, pregnancy tests, etc. These services are provided on a sliding scale, no charge for people without an income.

Hours: M-F 8am-5pm

SERVICE Health	ORGANIZATION Palomar Medical Center	ADDRESS 555 E. Valley Pkwy Escondido, CA 92025
PHONE (760) 739-3000	FAX	WEBSITE www.pph.org

DESCRIPTION

Provides a full-service acute care hospital including a 24-hour emergency room and trauma unit. Services offered include, but are not limited to, the following: audiology; cancer treatment; child abuse services; skilled nursing facility; dialysis; home care; mental health; nutrition services; occupational, physical, and speech therapy; physician referral; sleep disorders lab; social services; spine center; weight control; and women's services. Coordinates the Palomar Pomerado Lifeline, which is an emergency response system installed in the home to enable user to notify neighbors and/or emergency medical services. Social services include discharge planning and information and referral. Palomar Medical Center is a county-designated trauma center. Fees: fixed fee schedule for medical services. \$50 installation fee for PAL; \$28-\$58 monthly rental fees. Insurance Accepted: MediCal, Medicare, Military, Private. Translators available.

Hours: M-F 8am-5pm
Social Services M-F 9am-5pm
Office 24hours

HEALTH

SERVICE Health	ORGANIZATION Palomar Pomerado Home Care	ADDRESS 1540 E. Valley Pkwy, Ste 200 Escondido, CA 92027
PHONE (760) 796-6800	FAX	WEBSITE www.pph.org

DESCRIPTION

Provides intermittent skilled nursing care to homebound patients under physician's care and private home care. Services include occupational, physical, and speech therapy; medical social work; and home health aides. Offers specialized programs for cardiac photo therapy, pediatrics, diabetes, pulmonary, behavioral health, and IV infusion. Healthsource also offers Rx Pets, a pet visitation program which brings trained pets to the hospital for visits with elderly patients. Call for information on fees. Insurance Accepted: MediCal, Medicare, and Private.

Hours: M-F 8am-5pm
After hours on call service offered

SERVICE Health	ORGANIZATION Palomar Pomerado Home Care- Maternal/Infant Program	ADDRESS 1540 E. Valley Pkwy, Ste. 200 Escondido, CA 92027
PHONE (800) 525-3010	FAX	WEBSITE www.pph.org

DESCRIPTION

Program is designed to provide support and ease the transition to home life for first-time mothers. The program helps meet both the mother's and infant's needs by providing information about newborn care and breastfeeding instruction, preventative safety measures, referrals for community resources, and educational materials. Program includes a 24-hour on-call nurse and well baby checkups. Home visits are scheduled as needed, and are made at first by an RN, followed by a Lactation Consultant, a Health Educator, or a Social Worker. Program hours vary according to individual need. Eligibility: Limited to first-time mothers and their infants living in North San Diego County. Fees: varies based on insurance coverage. English/Spanish.

Hours: M-F 8am-5pm

HEALTH

SERVICE Health	ORGANIZATION Partners for Community Access	ADDRESS 644 E. Grand Ave Escondido, CA 92025
PHONE English: (760) 739-2136 Spanish: (760) 739-2135	FAX (760) 739-2138	WEBSITE http://www.partnersforcommunityaccess.org

DESCRIPTION

A non-profit organization that works cooperatively with other partners/entities within San Diego County that strive to identify community needs, program opportunities and funding resources. This program offers mentoring programs designed to address the social, emotional and educational needs of at-risk youth. Linking these youth with caring adults, seniors and other youths provides additional support and guidance in academic achievements, healthy lifestyles and interpersonal functioning.

Hours: M-W 8am-4:30pm/ Th-F 1pm-4:30pm

SERVICE Health	ORGANIZATION Redwood Elderlink	ADDRESS 1151 S. Redwood St. Escondido, CA 92025
PHONE (760) 480-1030	FAX	WEBSITE www.redwoodelderlink.com

DESCRIPTION

Program provides therapeutic, social, and health activities to physically or mentally impaired adults, including those with Alzheimer's or Dementia. Offers outpatient rehabilitation services, including occupational, speech, and physical therapies. Also provides in-home, non-medical services for older, homebound adults. Home care services are available 24 hours a day and include personal care, transportation to doctor's appointments, companionship, and light housekeeping when needed. Services and outpatient rehabilitation; 24-hour/7-day on-call pager. Eligibility: Ages 18 years and older. Fees vary depending on service. Fees start at \$16/hour for in-home care. Fees are \$70/day for adult day healthcare program. Fees for outpatient rehabilitation are those provided by the Medicare fee schedule. Insurance accepted: MediCal, Medicare, and private.

Hours: M-F 9am-4pm

HEALTH

SERVICE Health	ORGANIZATION San Diego Blood Bank	ADDRESS Various donation centers.
PHONE (800) 479-3902	FAX	WEBSITE www.sandiegobloodbank.org

DESCRIPTION
Scheduling of blood donations.

SERVICE Health	ORGANIZATION San Marcos Health Center	ADDRESS 150 Valpreda Rd, San Marcos, Ca 92069
PHONE (760) 736-6700	FAX (760) 736-6782	WEBSITE www.nchs-health.org

DESCRIPTION
Offers confidential HIV/AIDS testing and counseling. Other services include family counseling, dental care, prenatal care, women's health, family planning, and sports physicals. MediCal excepted or sliding scale fees.

Hours: M-F 8am-5pm

HEALTH

SERVICE Health	ORGANIZATION Vista Community Clinic	ADDRESS 1000 Vale Terrace Vista, CA 92083
PHONE (760) 631-5000	FAX (760) 414-3701	WEBSITE www.vistacommunityclinic.org

DESCRIPTION
5 clinics throughout Oceanside and Vista which offer primary care and preventative services: public health services, tobacco and substance abuse prevention, pregnancy prevention, breast cancer prevention. Other programs include REACH after school programs, Junior REACH (ages 9-12), and TEEN REACH (ages 12-19).

Hours: Vary

HEALTH CARE COVERAGE

SERVICE Health Care Coverage	ORGANIZATION Consumer Center for Health Education/Advocacy	ADDRESS 1475 6th Ave 4th floor San Diego, CA 92101
PHONE (877) 734-3258	FAX	WEBSITE www.healthconsumer.org

DESCRIPTION
Assistance with terminations and/or denials of MediCal, CMS, Healthy Families services. Please leave a message if calling after hours. When you call this info-line you can speak with an "Advocate" who will help you overcome barriers to getting good healthcare. The Advocate can help you if you are having difficulty getting prescriptions, making appointments and help if your current medical insurance program is being discontinued. Answer some questions over the phone to determine what medical insurance program is best for you.

Hours: M-F 9am-5pm

HEALTH CARE COVERAGE

SERVICE	ORGANIZATION	ADDRESS
Health Care Coverage	County Medical Services	
PHONE	FAX	WEBSITE
(800) 587-8118		

DESCRIPTION

Any legal county resident between the ages of 21 and 64 who is experiencing a life threatening or disabling physical condition and meets the CMS financial requirements or receives General Relief. For an application or more information on eligibility requirements call the number provided.

HEALTH CARE COVERAGE

SERVICE	ORGANIZATION	ADDRESS
Health Care Coverage	Medi-Cal	620 E. Valley Pkwy Escondido, CA 92025
PHONE	FAX	WEBSITE
(760) 741-4391		

DESCRIPTION

Publicly funded, need-based health insurance program for California children and adults.

Hours: M-F 5am-5pm
Application screening 6:45am-2:45pm

HIV/AIDS RESOURCES/ SHELTERS

SERVICE	ORGANIZATION	ADDRESS
Health Care Coverage	Healthy Families	
PHONE	FAX	WEBSITE
(800) 880-5305		www.healthyfamilies.ca.gov/faq.htm

DESCRIPTION

People who qualify for Healthy Families will receive health coverage, as long as monthly premiums are paid. The services provided will be health, dental, and vision plans that work with Healthy Families. Each member can choose his or her own plan.

SERVICE	ORGANIZATION	ADDRESS
HIV/AIDS Resources/Shelters	Fraternity House, Inc	20702 Elfin Forest Rd. Escondido, CA 92029
PHONE	FAX	WEBSITE
(760) 736-0292		www.fraternityhouseinc.org

DESCRIPTION

Provides low-cost permanent or transitional housing in home like atmosphere for people who are HIV symptomatic or who have AIDS. Provides three meals daily; laundry, housekeeping, and personal care services; transportation services; rehabilitation activities; and referrals to medical, psychological, support, and social services. Does not provide direct medical nursing, or mental health care. Intake: Phone for appointment. 24-hour/7-day residential care facility. Eligibility: Limited to those who are HIV symptomatic or who have AIDS. Fees: Variable fee schedule, based on income.

Hours: M-F 9am-4pm
Intake 24 hours/7 days

HOUSING

SERVICE Housing	ORGANIZATION Center for Social Advocacy	ADDRESS 1068 Broadway Ste 221 El Cajon, CA 92021
PHONE (619) 444-5700	FAX (619) 444-5080	WEBSITE http://www.hhrfha.org/housing.htm

DESCRIPTION

This is an organization providing consultation services to families experiencing discrimination in housing. It also offers mediation services for issues between tenants and landlords related to fair housing.

Hours: M-F 8am-4pm

SERVICE Housing	ORGANIZATION City of Escondido - Housing and Neighborhood Services	ADDRESS 201 N. Broadway Escondido, CA 92025
PHONE (760) 839-4841	FAX (760) 741-0619	WEBSITE www.ci.escondido.ca.us

DESCRIPTION

Affordable housing information and affordable housing in the City of Escondido.

Hours: M-F 7:30-5:30/alternate Fridays

HOUSING

SERVICE Housing	ORGANIZATION Community Housing Works (Housing Loan Program)	ADDRESS 1820 S. Escondido Blvd. Ste. 101 Escondido, CA 92025
PHONE (760) 432-6878	FAX	WEBSITE www.communityhousingworks.org

DESCRIPTION

Provides home rehabilitation and improvement loans to San Diego County residents; some programs target specific neighborhoods. Offers educational programs for homebuyers, including budgeting and some credit counseling classes, and provides access to affordable home mortgages to low and moderate income families. Eligibility: Must meet income guidelines; call for information. Intake: Phone. Fees: Loans fees apply (including \$25 charge for credit check). \$35 fee for homebuyer education classes (includes 150-page manual). Languages: English/Spanish/Vietnamese.

Hours: M-F 9am-5pm

SERVICE Housing	ORGANIZATION Habitat for Humanity	ADDRESS 10222 San Diego Mission Rd. San Diego, CA 92108-2135
PHONE (619) 283-HOME	FAX (619) 461-6116	WEBSITE www.habitatsandiego.org

DESCRIPTION

Habitat builds simple decent homes that are sold to working low-income families (ideally 50 % or less of the median income). The family chosen to purchase a home must contribute sweat equity which is time spent by family volunteering time to build their home. 500 hrs. for two parent family and 250 for single parent family. House size 1100 sq. ft. 3 bedrooms 1 full bathroom. Four bedrooms are constructed if family size meets criteria. Recent houses sold-\$115,000 and \$140,000. Monthly mortgages \$600-\$800. You do not have to be a citizen but you do have to be a permanent resident. Restore building materials, thrift store sells new & used building materials at discount prices. Open to general public. All income must be documented & earned by actual owners of the house.

**Hours: Restore T-F 8:30am-5:30pm/ Sat 9am-4:30pm
Admin M-F 9am-5pm**

HOUSING

SERVICE Housing	ORGANIZATION The Hope Through Housing Foundation	ADDRESS 1820 Melrose dr. San Marcos, CA 92078
PHONE (760) 471-0674	FAX (760) 736-8232	WEBSITE www. hopethroughhousing.org

DESCRIPTION

Operating exclusively in low-income neighborhoods, it provides different services such as youth, senior and family programs, adult literacy, and career training programs. To be eligible you must live in a housing community that offers Hope Through Housing on that site.

Hours: Vary

SERVICE Housing	ORGANIZATION HUD (Dept. of Housing and Urban Development)	ADDRESS 750 B Street Ste. 1600 San Diego, CA 92101-8131
PHONE (619) 557-5305	FAX (619) 557-6296	WEBSITE www.hud.gov/local/sdg

DESCRIPTION

HUD's mission is to increase homeownership, support community development and increase access to affordable housing free from discrimination. To be eligible for HUD rental housing (section 8 assistance) you must be low income & meet income limits. Income limits vary from area to area & according to the number of persons in the household. To apply contact a project manager at the on-site phone number listed to determine whether the complex is currently taking applications. There are a number of developments designed for and rented only to senior citizens/persons w/ disabilities.

Hours: 8am-4:30pm

HOUSING

SERVICE Housing	ORGANIZATION San Diego Housing Federation	ADDRESS 450 B Street Ste 1010 San Diego, CA 92101
PHONE (619) 239-6693	FAX (619) 239-5523	WEBSITE www.housingsandiego.org

DESCRIPTION

Resource for affordable housing in San Diego County.

By appointment only

IMMIGRATION

SERVICE Immigration	ORGANIZATION Catholic Charities	ADDRESS 349 Cedar Street San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org

DESCRIPTION

Accredited by the Department of Homeland Security. Assists applicants in filing for permanent residence, citizenship and other immigration needs.

**Hours: M-F 9am-3:30
Closed 11:30am-12pm**

IMMIGRATION

SERVICE Immigration	ORGANIZATION US Citizenship & Immigration Services	ADDRESS mailing address: 880 Front St. San Diego, CA 92101
PHONE (619) 407-3800	FAX	WEBSITE uscis.gov

DESCRIPTION

Citizenship and Immigration Services. Street address: 1261 3rd Ave Ste 1234, Chula Vista, CA 91911

Hours: M,T,Th,F 7am-2pm

JUVENILE DIVERSION

SERVICE Juvenile Diversion	ORGANIZATION Carlsbad Police Department	ADDRESS 2560 Orion Way Carlsbad, CA 92008-7280
PHONE (760) 931-2100	FAX	WEBSITE http://www.ci.carlsbad.ca.us/police/

DESCRIPTION

An alternative program developed to help ensure that first-time juvenile offenders do not become repeat offenders. Services available include: G.U.I.D.E. (Greater Understanding Through Intervention, Diversion & Education) which provides general referrals, counseling and information for juveniles and parents. The Parent Project is a 10-week course for parents with strong-willed or out-of control children. G.U.I.D.E. and The Parent Project can be reached at (760) 931-2167.

Hours: M-F 8am-5pm

JUVENILE DIVERSION

SERVICE Juvenile Diversion	ORGANIZATION Escondido Police Department	ADDRESS 700 W. Grand Ave. Escondido, CA 92025
PHONE (760) 839-4722	FAX (760) 839-4788	WEBSITE www.ci.escondido.ca.us/police

DESCRIPTION

The Escondido Police Department's Juvenile Diversion Program is a 3-month program for juveniles who are first time offenders with cases involving minor offenses such as petty theft, truancy, battery, etc. Juveniles who qualify for this program can participate in lieu of being directed to formal juvenile court. The goal is to divert them away from negative influences that are affecting their behavior. This is typically accomplished by assigning them to classes and counseling that can help them realize their potential as good citizens, be responsible role models for other youth, and develop ongoing strategies for success in school and at home.

24 Hours

SERVICE Juvenile Diversion	ORGANIZATION From the Inside Out	ADDRESS P.O. Box 1095 Oceanside, CA 92051-1095
PHONE (760) 754-0580	FAX (760) 231-9382	WEBSITE N/A

DESCRIPTION

Programs designed to capture the attention of youth who engage in risky behaviors and to steer them into socially productive activities and healthy lifestyles. Target population is males and females between the ages 10-19 and their families. Offers programs such as CROP (Convicts Reaching Out to People) in partnership with Donovan Correctional Facility. Project Choice *For Girls Only* and Youth Diversion/Prison Outreach Program.

JUVENILE DIVERSION

SERVICE	ORGANIZATION	ADDRESS
Juvenile Diversion	Restorative Justice Mediation Program	3295 Meade Ave. San Diego, CA 92116
PHONE	FAX	WEBSITE
(619) 280-1993	(619) 858-0308	

DESCRIPTION

Facilitation of restorative justice between juvenile offenders, their victims, and, whenever possible, their family/community members through mediation resolution - fostering accountability, reconciliation, restitution, and healing.

LEARNING DISABILITIES

SERVICE	ORGANIZATION	ADDRESS
Learning Disabilities	Easter Seals Southern California	1035 E. Valley Pkwy Escondido, CA 92025
PHONE	FAX	WEBSITE
(760) 737-3990		www.ESSC.org

DESCRIPTION

Provides a variety of programs and services to encourage persons with disabilities to achieve full potential in the community. Sponsors swim programs, adult day programs, behavior management, and summer day camps for adults and children with developmental disabilities. Fees vary by service. Eligibility varies by program.

Hours: M-F 8am-4pm

LEARNING DISABILITIES

SERVICE	ORGANIZATION	ADDRESS
Learning Disabilities	San Diego County Learning Disabilities Association	PO Box 421111 San Diego, CA 92142-1111
PHONE	FAX	WEBSITE
(858) 467-9158		www.LDASanDiego.org

DESCRIPTION

Information on School Problems workshops, local support groups, community forums, adult issues, membership, helpful links, and more.

SERVICE	ORGANIZATION	ADDRESS
Learning Disabilities	Aurora Behavioral Healthcare	11878 Avenue of Industry San Diego, CA 92128
PHONE	FAX	WEBSITE
(858) 487-3200		http://www.aurorasandie

		go.com/
	DESCRIPTION Offers free assessment for depression, addiction, and alcoholism. Provides treatment for adolescents needing help with substance abuse and mental issues. Inpatient programs and support groups are also available.	
	See website for support group schedule	

LEGAL SERVICES

SERVICE Legal Services	ORGANIZATION Legal Aid Society	ADDRESS 216 S. Tremont St. Oceanside, CA 92054
PHONE (877) 534-2524	FAX	WEBSITE www.laszd.org

DESCRIPTION

Provides legal services including counseling and representation in court to low-income people in such areas as criminal justice, housing discrimination and community development, health benefits, family law, consumer law, landlord-tenant issues, social security issues, immigration, and juvenile law. Provides benefits advocacy for General Relief cases only. Services are provided by staff attorneys and paralegals. Eligibility: Must earn less than 125% of the poverty guidelines established by the federal government.

Hours: M-F 9am-4:45

MENTAL HEALTH

SERVICE Mental Health	ORGANIZATION BPSR Escondido ClubHouse	ADDRESS 474 W. Vermont Ave Ste 105 Escondido, CA 92025
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PHONE (760) 737-7125	FAX	WEBSITE www.escondidoclubhouse.com
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DESCRIPTION

Member-run clubhouse. Services include: social activities, vocational skills training and job support; work experience in reception, gardening and janitorial, GED & cooking classes and daily living skills. Parent organization: Mental Health Systems, Inc.

Hours: M-F 8am-4:30pm

MENTAL HEALTH

SERVICE Mental Health	ORGANIZATION BPSR Kinesis North	ADDRESS 474 W. Vermont Ave. Ste 102 Escondido, CA 92025
PHONE (760) 480-2255	FAX (760) 741-6645	WEBSITE www.mhsinc.org

DESCRIPTION

BPSR Kinesis North is an adult day treatment center for the chronically mentally ill. We provide counseling support, therapeutic, recreational, vocational and educational groups and activities. The Outpatient Drug Free (ODF) program addresses the special needs of mentally ill substance abusers by offering education, support and counseling for people who are willing to learn better ways of coping with their illness and their addictive behaviors. Clients gain self-reliance and build self-trust through a variety of treatment modalities to include; individual and group counseling, a modified 12-Step program, as well as relapse prevention techniques.

Hours: M-F 9am-4pm

SERVICE Mental Health	ORGANIZATION Children's Outpatient Psychiatry Clinic-North Inland	ADDRESS 11770 Bernardo Plaza Ct. Ste 260 San Diego, CA 92128
PHONE	FAX	WEBSITE

(858) 487-9050	(858) 451-8453	
DESCRIPTION		
This is an outpatient psychiatry clinic that focuses on children and adolescents up to 18 years of age with emotional, behavioral and learning problems. Medi-Cal and low income sliding scale.		
Hours: M-F 8am-5pm		

MENTAL HEALTH

SERVICE Mental Health	ORGANIZATION MHS Case Management North	ADDRESS 474 W. Vermont Ave. Suite 101 Escondido, CA 92025
PHONE (760) 743-3312	FAX	WEBSITE

DESCRIPTION

Case management services are provided to people who require assistance with accessing and co-coordinating necessary services and resources to maximize their independence and participate in the community in which they live.

Hours: M-F 9am-4:30pm

SERVICE Mental Health	ORGANIZATION North Inland Mental Health Services	ADDRESS 125 W. Mission #103 Escondido, CA 92025
PHONE (760) 747-3424	FAX (760) 480-3530	WEBSITE

DESCRIPTION		
Individual and group therapy for those age 18 or older with severe Depression, Schizophrenia, Post Traumatic Stress Disorder, Bi-Polar, Obsessive Compulsive Disorder, Anxiety, and Eating Disorders. Call first for short intake survey.		
Hours: M-F 8am-5pm		

MENTAL ILLNESS

SERVICE Mental Illness	ORGANIZATION Broad Horizons	ADDRESS 1236 H St. Ramona, CA 92065
PHONE (760) 789-7060	FAX (760) 789-4062	WEBSITE www.kidsfirstfoundation.net

DESCRIPTION

Residential treatment for up to 40 teens 12-18 with mental illness. Special programs for youth with substance abuse issues, developmentally delayed. Treatment includes various types of therapy & non-public schooling. Average stay 6 months-1year.

**24 hour facility administration
M-F 8:30am-5:30pm**

PARENTING RESOURCES

SERVICE Parenting Resources	ORGANIZATION California School Age Families Education (Cal-Safe)	ADDRESS 750 San Pasqual Rd. Escondido, CA 92027
PHONE (760) 480-3128	FAX (760) 739-7502	WEBSITE

DESCRIPTION

Cal-SAFE offers family, school and community information and support for expectant and parenting teenagers. Teen moms and teen dads age 18 and under, who are in school, can receive education about health, nutrition and parenting. Support groups are offered as well as academic support and free daycare at on-site child development centers.

Summer hours M-F 6:45am-1:15pm

PARENTING RESOURCES

SERVICE Parenting Resources	ORGANIZATION Home Start, Inc.	ADDRESS 463 N. Midway Dr. Escondido, CA 92027
PHONE (760) 489-4951	FAX (760) 489-4811	WEBSITE www.home-start.org

DESCRIPTION

Provides parenting classes in English and Spanish.
COASTAL OFFICE: 1320 Union Plaza Ct.
Oceanside, CA 92054
PHONE (760) 439-7513 X234
FAX (760) 439-5625

SERVICE Parenting Resources	ORGANIZATION March of Dimes	ADDRESS 9325 Sky Park Ct Ste 250 San Diego, CA 92123
PHONE (858) 576-1211	FAX	WEBSITE http://www.marchofdimes.com

DESCRIPTION

March of Dimes is a national organization whose mission is to improve the health of babies by preventing birth defects, premature birth, and infant mortality through research, community services, education and advocacy.

Hours: M-Th 8:30am-5pm/F 9am-12pm

PARENTING RESOURCES

SERVICE Parenting Resources	ORGANIZATION Parenting Link	ADDRESS
PHONE (866) 4FAMILIES	FAX	WEBSITE www.informsandiegofamilies.org

DESCRIPTION

This organization is an information and referral line to connect you to services such as: parenting classes, childbirth education, In-home parenting support and special events for families etc... if you go to their website at www.informsandiegofamilies.org more info can be found on other services. This info line is free of charge. Se habla espanol.

Hours: M-F 8am-6pm

SERVICE Parenting Resources	ORGANIZATION TOT-Line	ADDRESS
PHONE (858) 541-5250	FAX	WEBSITE

DESCRIPTION

TOTLINE Counseling Line Provides answers to questions for parents of children from birth - 5 years old. (not a "hotline", not for medical advice) Free & confidential advice and info. Sponsored by County of San Diego Health & Human Services.

Hours: M-F 8am-5pm

Pregnancy & Adoption Services	Catholic Charities	349 Cedar Street San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org
DESCRIPTION Provides counseling, support, and education for pregnant women considering an adoption plan and for prospective adoptive couples. Services for pregnant women who decide to parent include assessment appointments and newborn baby supplies. Adoption services: state licensed private adoption agency, program orientation, adoption education classes, home studies, counseling, infant placement, and post adoption services. Hours: M-F 9am-3:30pm Closed 11:30am-12pm		

PARENTING RESOURCES

SERVICE Parenting Resources	ORGANIZATION Tough Love	ADDRESS Call for location, directions and meeting times. varies, N/A N/A
PHONE (760) 533-4903	FAX	WEBSITE www.toughlove.com

DESCRIPTION

A self-help program for parents troubled by unacceptable behavior of their pre-teen, teen or adult children. Parent/Child Support group. Meetings held Tuesdays from 7:00 to 9:00 p.m. Call for location and directions Dan or Dyana Preti. ToughLove International 1-800-333-1069

PREGNANCY & ADOPTION SERVICES

SERVICE	ORGANIZATION	ADDRESS
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PREVENTION EDUCATION

SERVICE Prevention Education	ORGANIZATION Mothers Against Drunk Driving, SD County Chapter	ADDRESS 938 S. Adreasen Dr, Ste. M Escondido, CA 92029
PHONE (760) 746-6233	FAX	WEBSITE www.MADDsandiego.com

DESCRIPTION

Provides public awareness of drunk driving issues and underage drinking through speakers bureau presentations, literature distribution, and media campaigns, including interactive youth programs. Acts as a clearing house for drinking and driving information and statistics. Advocates more serious penalties for drunk driving. Publishes a quarterly newsletter. Holds support groups for survivor's and victims' families. Fees vary, sliding scale. Victims/survivors are not charged for membership; other individuals pay annual fee of \$20, families \$40, students/seniors \$10.

Hours: M-F 8am-4pm

SERVICE Prevention Education	ORGANIZATION Sex Offender Identification Line - Megan's Law	ADDRESS
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PHONE (900) 463-0400	FAX	WEBSITE
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DESCRIPTION

A telephone service for use by the public and organizations to identify serious sex offenders. The cost for calling is \$10 for information on a maximum of two subjects per call. You must be at least 18 years of age to call, provide a name and at least one of the following about the subject you are checking: an exact address; or exact date of birth; or California driver's license, identification number or social security number. If you only know the subject's name, you will need to provide a complete description of the subject.

		92123
PHONE (858) 514-6885	FAX	WEBSITE

DESCRIPTION

Provides information about public assistance programs such as General Relief, CalWorks, food stamps, and MediCal.

Hours: M-F 8am-5pm

PUBLIC ASSISTANCE

SERVICE Public Assistance	ORGANIZATION CalWorks Multi-service Center	ADDRESS 474 W. Vermont Ave. Ste. 103 Escondido, CA 92025
PHONE (760) 745-0281	FAX	WEBSITE cmcescondido-pc@mhsinc.org

DESCRIPTION

Welfare-to-work support services. Job readiness/Job training Including AOD (Alcohol Other Drug)

Hours: M-F 8am-5pm

PUBLIC ASSISTANCE

SERVICE Public Assistance	ORGANIZATION Women, Infant and Children Program (WIC)	ADDRESS 649 West Mission Ave, Ste 7 Escondido, CA 92025
PHONE (888) 477-6333 or (760) 471-2743	FAX	WEBSITE www.WICworks.ca.gov

DESCRIPTION

Provides a supplemental nutrition and food program to women who are pregnant, breastfeeding, or have recently given birth, and to children under 5 years of age. Offers nutrition counseling and nutrition-related classes to improve eating habits. Also offers WIC participants breastfeeding classes and support. Provides referrals to health care and other community resources.

Hours: M-F 8am-4pm

SERVICE Public Assistance	ORGANIZATION County of San Diego Public Assistance	ADDRESS 4990 View Ridge Ave. San Diego, CA
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RECREATION

SERVICE Recreation	ORGANIZATION American Lung	ADDRESS 2750 Fourth Ave
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	Association- SCAMP Camp	San Diego, CA 92103
PHONE (619) 297-3901	FAX (619) 297-8402	WEBSITE http://www.lungsandiego.org/asthma/adults_scampinfo.asp
DESCRIPTION SCAMP Camp is a residential summer camp for young people with moderate to severe asthma, ages 8-13, who live in San Diego or Imperial Counties. A sliding scale fee based on family income is charged. No child is turned away from SCAMP Camp due to financial reasons.		
Hours: M-F 8:30am-5pm		

RECREATION

SERVICE Recreation	ORGANIZATION Arthritis Foundation- Joint Adventure Camp	ADDRESS 9089 Clairmont Mesa Blvd Ste 104 San Diego, CA 92123
PHONE (858) 492-1090 or (800) 422-8885	FAX	WEBSITE http://www.arthritis-sandiego.org

DESCRIPTION

Joint Adventure Camp is a week-long summer camp program for young people ages 10-17 living with arthritis. The camp offers young people the opportunity to interact with others living with the disease and gain support.

Hours: M-F 8am-5pm

SERVICE Recreation	ORGANIZATION Boy Scouts of America	ADDRESS 1207 Upas St. San Diego, CA 92103
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PHONE (619) 298-6121 Ext 217	FAX	WEBSITE www.bsadpc.org/kitcarson/
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DESCRIPTION

Serving the Boy Scouts of America in the following north San Diego County communities: Escondido, Palomar Mountain, Pauma Valley, San Marcos, and Valley Center. Cub Scouts-grade 2-5, Boy Scouts-age 11-17, Varsity Scouts-age 14-17, Venturing Scouts-men and women age 14-20.

Hours: M,W,F 9am-5pm/ T,Th 9am-7pm/Sat 9am-3pm

RECREATION

SERVICE Recreation	ORGANIZATION Boys and Girls Club	ADDRESS 835 W. 15th Ave Escondido, CA 92025
PHONE (760) 745-0515	FAX	WEBSITE www.bgcunited.org

DESCRIPTION

The Boys and Girls Clubs of Greater San Diego is a private non-profit agency, which provides youth development programs for school age students. Including child care, day camps, extended day services, sports leagues, and transportation from school. The Clubs' programs focus on the health, social, educational, physical, cultural, and vocational needs of youth.

**Hours: School days M-F 12pm-6pm
Non-School days 7am-6pm**

SERVICE Recreation	ORGANIZATION City of Escondido Community	ADDRESS 201 N. Broadway Escondido, CA
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	Services Department	92025
PHONE (760) 839-4691	FAX	WEBSITE www.ci.escondido.ca.us/recreation
DESCRIPTION Services provided are recreational activities for the community. Serves children, youth, and adults. There are fees, however the City also has a scholarship program for children ages 17 and under who live in Escondido. For information and reservations about Escondido Parks please call the phone number provided.		
Hours: M-F 7:30-5:30 Alternate Fridays		

RECREATIONAL AFTER-SCHOOL PROGRAM

SERVICE Recreational After-School Program	ORGANIZATION Boys and Girls Club Of Greater San Diego	ADDRESS 115 W. Woodward Ave. Escondido, CA 92025
PHONE (760) 746-3315	FAX	WEBSITE www.sdyouth.org

DESCRIPTION

Offers drop-in recreational and social activities for children on an ongoing basis during after school and summer hours. After school pickup is available at selected schools. Eligibility: Ages 6 to 17 years (varies by site). Languages: Spanish available at most branches. Fees: Fixed fee schedule; fees vary by site. Intake: Phone or walk in.

Hours: School days M-F 12pm-6pm
Non-School days 7am-6pm

SERVICE Recreational After School Program	ORGANIZATION East Valley Community Center	ADDRESS 2245 E. Valley Pkwy Escondido, CA 92027
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PHONE (760) 839-4282	FAX	WEBSITE www.ci.escondido.ca.us/recreation/
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DESCRIPTION

Every Saturday 6-9:30. "Saturday Night Slam" (SNS). A safe and exciting place to hang out, play sports and games, socialize, and have fun. A safe haven for youth that encourages self-esteem, exposure to new friends, and social skills. A program for teens in middle school and high school. Fee \$2 per teen for all activities each Saturday Night. Call for info on Field Trips. Scholarships available. Other recreation programs: "The Escondido Sports Center at Kit Carson Park, Basketball open-play at E. Valley Community Center, Tennis at Mountain View Park & Kit Carson Park, TeenScene activities like guitar, swing, jazz dance, acting and more!

Hours: M-F 7:30am-5:30pm

RECREATIONAL AFTER-SCHOOL PROGRAM

SERVICE Recreational After-School Program	ORGANIZATION Palomar Family YMCA	ADDRESS 1050 N. Broadway Escondido, CA 92026
PHONE (760) 745-7490	FAX	WEBSITE www.palomarymca.org

DESCRIPTION

Programs available to children, teenagers, and adults for more information call the number provided. Facilities provided Pool, Fitness Center, Preschool Room, Babysitting, Teen Youth Center, Computer Center, and Roller Rink.

Hours: M-Th 5:30am-10pm/ F 5:30am-8pm/ Sat 7am-6pm/ Sun 9am-5pm

SERVICE Recreational After-School	ORGANIZATION The Salvation Army - After School Program	ADDRESS 1301 Las Villas Way
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Program		Escondido, CA 92026
PHONE (760) 745-5616	FAX (760) 741-6544	WEBSITE
DESCRIPTION After school programs provided for at risk teens in Jr. and High School. Sunday worship, teen youth programs (SWAT) on Friday evenings. All provided through the Salvation Army church programs. There is no cost for these services. Call for more details on any of the above services.		
Hours: Vary		

		92084
PHONE (760) 758-2514	FAX	WEBSITE www.nosdco/AA.org
DESCRIPTION AA/12 steps programs are an hour long and are held during different times throughout the day, morning, noon and evening. The meetings are free of charge but donations are always welcome. All ages are welcome. There are meetings specifically for men, woman, and co-ed. You must call to find out where meetings will be held and at what time.		
Hours: M-F 9am-5pm 24 hour answering service		

REFUGEE SERVICES

SERVICE Refugee Services	ORGANIZATION Catholic Charities	ADDRESS 349 Cedar Street San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org

DESCRIPTION

Assists newly arrived refugees and asylees to achieve integration and self-sufficiency by offering cash assistance, cultural orientation, case management, employment services and other assistance.

**Hours: M-F 9am-3:30pm
Closed 11:30am-12pm**

REHABILITATION

SERVICE Rehabilitation	ORGANIZATION Discovery Valley	ADDRESS 120 Mata Way, Ste 101 San Marcos, CA 92069
PHONE (760) 471-6258	FAX	WEBSITE www.sandiegocenterforchildren.com

DESCRIPTION

Adolescent mental health day treatment.

Hours: M-F 7:45-3:15

REHABILITATION

SERVICE Rehabilitation	ORGANIZATION Alcoholics Anonymous (AA meetings)	ADDRESS 604 E. Vista Way Vista, CA
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SERVICE Rehabilitation	ORGANIZATION Methadone and Heroine Treatment Center (any drug)	ADDRESS
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PHONE (800) 711-6375	FAX	WEBSITE www.thewatershed.com
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DESCRIPTION

This center is a National Referral service. Calling this phone number will put you in contact with someone to refer you to a rehab center in your location. The age requirements are 18 and older. The phone line is open 24 hr. but is not a hotline.

24 hours

		G Oceanside, CA 92054
PHONE (760) 754-1393	FAX (760) 754-2536	WEBSITE
DESCRIPTION		
Outpatient drug and alcohol treatment and education including assessment and referral, treatment groups, one-to-one counseling, and intensive day treatment.		
Hours: M-F 10am-7pm/ Sat 10am-2pm		

REHABILITATION

SERVICE Rehabilitation	ORGANIZATION New Resolve Drug and Alcohol Detox	ADDRESS 1207 S. Escondido Blvd. Escondido, CA 92027
PHONE (760) 745-7829	FAX (760) 740-2090	WEBSITE

DESCRIPTION

This is a transitional housing center for people who have been sober for at least 60 days. Program is for men and women 18 yrs. and older. There are 40 beds available and a bed will be given to a veteran before a non veteran. Person inquiring program must have a job but not required for the first 30-40 days. Program will help the person in finding a job. Payment is required either 1/3 of income but no more than \$300 dollars. Picture ID, SS card and copy of TB test done within the last 6 months.

**Hours: M-T 8:30am-8pm/ W 8:30am-7pm/ Th 9am-7pm
F 8:30am-2pm**

REHABILITATION

SERVICE Rehabilitation	ORGANIZATION North County Serenity House	ADDRESS 130 S. Fig Street Escondido, CA 92025
PHONE (760) 741-5098	FAX (760) 432-4297	WEBSITE

DESCRIPTION

This program offers outpatient and residential facility services for drug/alcohol addicts. The cost is determined by a sliding scale. If information is needed on the program's inpatient program you may call (760) 233-4533. If a person is unable to provide payment they will not be turned away. Adults only.

**Hours: By appointment M-F 10am-5pm
Intake offered**

SERVICE Rehabilitation	ORGANIZATION North Coastal North Teen Recovery Center (NCNTRC)	ADDRESS 2964 Oceanside Boulevard, Suite
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SERVICE Rehabilitation	ORGANIZATION Post Adolescent Recovery Center (PARC)	ADDRESS 2534 E Washington #A
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		Escondido, CA 92029
PHONE (619) 460-5924	FAX (760) 741-6218	WEBSITE
DESCRIPTION This program is offered to adolescents 17 1/2 and up. This is a court ordered. RN-EMP psychologist. 16 beds, no children. 30-day restriction, can stay up to 1 year. Detox 5 days. Open 24hrs. Cost is on a sliding scale \$750-\$10,000.		

		92069
PHONE (760) 744-3672	FAX (760) 744-6182	WEBSITE
DESCRIPTION Non-residential adolescent substance abuse treatment and recovery services. 24 Hours		

REHABILITATION

SERVICE Rehabilitation	ORGANIZATION Scripps McDonald Center	ADDRESS 9896 Genessee Ave La Jolla, CA 92037
PHONE (858) 626-4300 or (800) 382-4357	FAX	WEBSITE http://www.scrippshealth.org

DESCRIPTION

Youth and family outpatient services for adolescent drug and alcohol abuse.

24 Hours

REHABILITATION

SERVICE Rehabilitation	ORGANIZATION Teen Recovery Center-North Rural Mental Health Systems Inc.	ADDRESS 323 Hunter Street Ramona, CA 92065
PHONE (760) 788-6246	FAX (760) 788-1308	WEBSITE www.mhsinc.org

DESCRIPTION

Non-residential adolescent substance abuse treatment and recovery services.

Hours: M-F 9am-5pm

REHABILITATION- MEN

SERVICE Rehabilitation	ORGANIZATION Teen Recovery Center-North Inland Mental Health Systems Inc.	ADDRESS 150 Valpreda Rd. Ste. 105 San Marcos, CA
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SERVICE Rehabilitation- Men	ORGANIZATION The Fellowship Center	ADDRESS 737 E. Grand Ave. Escondido, CA 92025
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PHONE (760) 745-9485	FAX	WEBSITE www.thefellowshipcenter.org
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DESCRIPTION

Provides long-term residential care for men with alcohol or drug (not prescription drug) problems. Also offers a day treatment program. Screening identifies individuals who should be placed elsewhere for medical or psychiatric treatment. Refers clients to different federal, state, and local agencies that provide vocational training, employment, and educational programs for the residents. Eligibility: Men ages 18 and older. Cannot except men with a physical disability requiring custodial care. Intake: Phone or walk in for interviews on Thursday at 8:00am. Fees: Fixed fee schedule of \$300/month for residential facility. Call for information about fees for day treatment program. No one is refused due to inability to pay. Languages: English/Spanish.

Hours: M-F 8am-5pm

REHABILITATION-RESIDENTIAL

SERVICE Rehabilitation Residential	ORGANIZATION McAlister Institute	ADDRESS Multiple locations throughout San Diego County, CA
PHONE (760) 806-1495	FAX	WEBSITE

DESCRIPTION

Adolescent Group Homes

Hours: M-F 8am-4pm

SERVICE Rehabilitation Residential	ORGANIZATION Phoenix House	ADDRESS 23981 Sherilton Valley Road
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		Descanso, CA 91916
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PHONE (619) 445-0405	FAX (619) 445-9028	WEBSITE www.phoenixhouse.org
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DESCRIPTION

Phoenix academies combine rigorous treatment with a high school curriculum, all in a highly structured therapeutic community environment.

REHABILITATION- WOMEN

SERVICE Rehabilitation- Women	ORGANIZATION Family Recovery Center	ADDRESS 1100 Sportfisher Dr. Oceanside, CA 92054
PHONE (760) 439-6702	FAX	WEBSITE

DESCRIPTION

Residential: 9- to 12-month intensive drug and alcohol treatment program for women who are pregnant or have at least one child under 1 year of age. Children up to 10 years live with their mothers on site. Babies and young children attend licensed child development center. Day Treatment: 6- to 9-month drug and alcohol treatment program for pregnant and post-partum women. Next Step: 24-month "welfare to work" program providing vocational training and transitional housing for recovering women. Women attain marketable job skills, education and/or training to move into self-sufficient, productive living. MediCal-Cal accepted. Sliding scale. Spanish speaking.

Hours: M-Th 8am-8pm/ F 8am-6:30pm

SERVICE Rehabilitation-Women	ORGANIZATION Options For Recovery - Vista	ADDRESS 1010 E. Vista Wy Vista, CA
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		92081
PHONE Day: (760) 726-2656 Night: (760) 630-4573	FAX	WEBSITE www.optionsmhsinc.org
DESCRIPTION Recovery and day treatment for pregnant and parenting women. Hours: Day program M-F 8:30am-5pm Night program M-F 12:30pm-9pm		

		Santa Fe Rd #S San Marcos, CA 92069
PHONE (760) 744-1313	FAX (760) 941-2821	WEBSITE www.firstchoice.net
DESCRIPTION Free pregnancy test, Friendly and confidential. Information about fetal development and Sexually Transmitted Diseases. Post-abortion counseling and adoption referrals. Housing available w/ host families for pregnant girls/women. Clients get connected with medical insurance and receive baby clothes and baby food if needed. Hours: M/F 9am-6pm T/W/Th 9am-8pm Sat 10am-12pm		

REPRODUCTIVE HEALTH

SERVICE Reproductive Health	ORGANIZATION Alternatives Pregnancy Care Clinic	ADDRESS 257 E. 2nd Ave Escondido, CA 92025
PHONE (760) 741-9796	FAX	WEBSITE

DESCRIPTION

Provides right-to-life pregnancy counseling, pregnancy testing, nurse assessment, basic emergency provisions for women and children including maternity & baby clothes, diapers, formulas, and furniture; labor and delivering coaching; and childbirth and parenting classes. Refers women to community resources for professional counseling and medical, legal, spiritual, financial, and basic needs assistance. Teen life matches single pregnant teens with a church that anonymously provides her with food baskets, gifts, encouragement, shelter, and employment. Provides prenatal care through MediCal. Eligibility: Pregnant, unsure of pregnancy, or post abortive. No fees charged. Website www.calvary.netAlternatives/index.html

Hours: M-Th 9am-5pm
Closes 12pm-1pm

SERVICE Reproductive Health	ORGANIZATION Birth Choice of San Marcos	ADDRESS 277 S. Rancho
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REPRODUCTIVE HEALTH

SERVICE Reproductive Health	ORGANIZATION Planned Parenthood	ADDRESS 215 Hickory # 112 Escondido, CA 92025
PHONE (760) 738-7770	FAX	WEBSITE

DESCRIPTION

Counseling and testing regarding teen pregnancy, birth control etc..

Hours: M/F 8:30am-5pm T/Th 11am-7:30pm W 8:30am-3pm
Sat 8:30am-4pm

SENIOR SERVICES

SERVICE Senior Services	ORGANIZATION Catholic Charities	ADDRESS 349 Cedar Street
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		San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org
DESCRIPTION Services include meal and nutrition programs, Foster Grandparent Program, Senior Companion Program (Imperial County), and Senior Residential Services. Hours: 9am-3:30pm Closed 11:30am-12pm		

		92008
PHONE (619) 231-2828	FAX	WEBSITE
DESCRIPTION Provides shelter and resources for men only. (immigrants, homeless, etc.) Thanks to an FESG grant, La Posada will extend its hours to accommodate both hot and cold weather extremes. Hours: 7 days 3pm-7am		

SHELTERS-MEN

SERVICE Shelters-Men	ORGANIZATION Catholic Charities	ADDRESS 349 Cedar Street San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org

DESCRIPTION
Emergency short-term shelters for men.

Hours: M-F 9am-3:30pm
Closed 11:30am-12pm

SHELTERS-MEN

SERVICE Shelters (Men)	ORGANIZATION St. Vincent De Paul- Joan Kroc Center	ADDRESS 1501 Imperial Ave San Diego, CA 92021
PHONE (619) 233-8500	FAX	WEBSITE http://www.svdpv.org/jkc.html

DESCRIPTION
Provides shelter and resources for men only. (immigrants, homeless, etc.)

SHELTERS-WOMEN

SERVICE Shelters (Men)	ORGANIZATION La Posada	ADDRESS 2476 Impala Dr. Carlsbad, CA
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SERVICE Shelters-Women	ORGANIZATION Catholic Charities	ADDRESS 349 Cedar Street
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		San Diego, CA 92101
PHONE (619) 231-2828	FAX 619 234-2272	WEBSITE www.ccdsd.org
DESCRIPTION Emergency and short term shelter for women and their children. Case management and support services provided. Hours: M-F 9am-3:30pm Closed 11:30am-12pm		

PHONE (619) 233-8500	FAX	WEBSITE http://www.svdpv.org/jkc.html
DESCRIPTION A residential facility offering: meals, children's services, resources, psychological counseling, case management, bilingual assistance, assistance with finding permanent housing, etc. Non-resident services include: showers, clothing, use of telephone, mail service, medical and dental care, etc. Those seeking shelter on weekends must call info line: 211 Hours: M-F 8:30am-9pm Be inline at 7am to be placed on waiting list		

SHELTERS-WOMEN

SERVICE Shelters-Women	ORGANIZATION St. Claire's Home	ADDRESS 243 S. Escondido Blvd. #120 Escondido, CA 92025
PHONE (760) 741-0122	FAX	WEBSITE www.stclareshome.org

DESCRIPTION

Provides safe shelter for women who are pregnant or have children that have experienced violence, homelessness, or addiction. It prepares them to be independent and self-sufficient. Each woman has her own room with her child and shares a home with others. This 2 year residential program requires women to attend classes such as 12-step, life skills, parenting, money management, or anger reduction for the first 6 months. Some women can participate for up to five years. (During the first year no male-partner contact of any kind is allowed.) Tuberculosis test is needed before a woman can be accepted to the program. (TB tests can be done through a doctor or Public Health Dept.)

Hours: M-F 8am-5pm

SERVICE Shelters-Women	ORGANIZATION Saint Vincent de Paul-Joan Kroc Center	ADDRESS 1501 Imperial Ave San Diego, CA 92021
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SHELTERS-FAMILY

SERVICE Shelters-Family	ORGANIZATION Brother Bennos Kitchen	ADDRESS 3260 Production Ave. Oceanside, CA 92054
PHONE (760) 439-1244	FAX	WEBSITE www.brotherbennos.org

DESCRIPTION

Breakfast and a sack lunch is provided weekdays from 6:30-8am. On Saturdays brunch is provided at 10-11:30am. Other services include laundry, clothing, mail pick-up, showers, local phone calls. Referrals are made by case-managers for housing, substance abuse and legal advice. Every age welcome.

Hours: M-F 6:30-12pm/Sat 10:30-12pm

SUBSTANCE ABUSE

SERVICE Substance Abuse	ORGANIZATION North Inland Regional Recovery Center	ADDRESS 620 N. Ash St. Escondido, CA
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		92025
PHONE (760) 741-7708	FAX	WEBSITE
DESCRIPTION		
Counseling for adolescent and adults substance abuse prevention and education. Drug testing \$35, and outpatient drug program.		
Hours: M-Th 9am-9pm/ F 9am-6pm		

	Prevention Program	Encinitas, CA 92024
PHONE (760) 635-5904	FAX (760) 944-8494	WEBSITE www.yellowribbonsd.org
DESCRIPTION		
An organization that provides education, awareness, and prevention strategies for youth and those who work with youth. No counseling is offered, only education. This organization can do in-service training for professionals or educate youth about statistics, coping strategies, risk factors and warning signs of suicide. For other info: National Hope Line Network Crisis Line: (800) 479-3339 San Diego County 24 hrs. Crisis Line: 1 (800) 479-3339 National Adolescent Suicide Hotline: (800) 621-4000. If you or a friend is planning on suicide now call: 911		
Hours: M-F 8am-5pm		

SUBSTANCE ABUSE

SERVICE Substance Abuse	ORGANIZATION PARTS (Parents and Adolescents Recovering Together Successfully)	ADDRESS P.O. Box 927754 San Diego, CA 92192-7754
PHONE (858) 455-0725	FAX (858) 455-0721	WEBSITE www.teendrughelp.org

DESCRIPTION
PARTS (Parents and Adolescents Recovering Together Successfully) is a nonprofit organization established in 1985 that provides Free HELP & HOPE to families whose adolescents who are using or abusing drugs or alcohol.

TEEN PARENTING

SERVICE Teen Parenting	ORGANIZATION Chadwick Center for Children & Family	ADDRESS 3142 Vista Way, Suite 207 Oceanside, CA 92056
PHONE (760) 967-7082	FAX (760) 967-1465	WEBSITE

DESCRIPTION
The Reaching Adolescent Pregnancy services include: Young parents, case management, advisory board, peer mentors, parenting education, in-home skill building, linkage to resources, health assessment, individualized service plan, and support groups (teens, mothers, fathers and extended family). This program also provides bilingual staff.

Hours: M-F 8am-5pm

SUICIDE PREVENTION

SERVICE Suicide Prevention	ORGANIZATION Yellow Ribbon Suicide	ADDRESS 1831 S. El Camino Real
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SERVICE Teen Parenting	ORGANIZATION San Diego Adolescent Pregnancy & Parenting	ADDRESS 2210 Mesa Dr #9 Oceanside, CA
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	Program	92054
PHONE (760) 757-8845	FAX (760) 722-2161	WEBSITE
DESCRIPTION		
SANDAPP can help girls up to age 18 return or stay in school, get childcare, get medical care, get low or no cost food. Provides case-management to help youth learn about: How babies grow and develop, how to keep your body and baby healthy during pregnancy, how to prepare for labor/delivery, how to be an effective and responsible young parent.		
Hours: M-F 7:30am-5pm		

	CARE Program	
PHONE (800) 560-5551	FAX	WEBSITE
DESCRIPTION		
Discount rates for low-income residents.		

TEEN SHELTER

SERVICE Teen Shelter	ORGANIZATION OZ North Coast	ADDRESS 215 Barnes St. Oceanside, CA 92054
PHONE (760) 721-8930	FAX	WEBSITE

DESCRIPTION

This program is available to teens between the ages of 12-17 yrs. of age. Teen must call first or be referred, phone lines are open 24 hrs. Teen shelter can be reached through any teen hotline number. Kaiser or Pacific Care insurance can be another way of referral. Cost is determined by a sliding scale.

24 hours

UTILITY ASSISTANCE

SERVICE Utility Assistance	ORGANIZATION San Diego Gas & Electric	ADDRESS
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UTILITY ASSISTANCE

SERVICE Utility Assistance	ORGANIZATION SBC Global	ADDRESS
PHONE (800) 310-2355	FAX	WEBSITE

DESCRIPTION

The Universal Lifeline Program, offers low rates for low-income residents.

VISION

SERVICE Vision	ORGANIZATION SIGHT FOR STUDENTS	ADDRESS All Escondido schools.
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		Escondido, CA
PHONE (800) 852-7600	FAX	WEBSITE www.vsp.com
DESCRIPTION		
Free eyeglasses for youth 18 and under who squint, have trouble reading or seeing the blackboard, who have broken a pair, or just need a pair. To qualify for free glasses; the youth must not have health insurance, live with a person who is employed, and comes from a low-income family. A \$20 administrative fee may apply. Contact your local school nurse or Boys & Girls Club to enroll. They will then provide you with a list of local doctors and a gift certificate for one pair of glasses each year.		

VOTER REGISTRATION

SERVICE Voter Registration	ORGANIZATION Registrar of Voters, San Diego County	ADDRESS 5201 Ruffin Rd, Ste. I San Diego, CA 92123-1693
PHONE (858) 565-5800 (hearing impaired) (858) 694-3441	FAX	WEBSITE www.sdVote.com

DESCRIPTION

Registers eligible voters. Maintains a file of registered voters and conduct elections. Registration is permanent unless a voter moves, changes name or party affiliation. Also provides jobs for poll workers, temporary election workers, and Student Poll Worker Program for high school seniors, who are US citizens and have a GPA of 2.5 or above. Eligibility ages 18 years and older. To be registered one must be a US citizen and a resident of California unless in prison or on parole for a felony conviction. Call to have form mailed or pick up from city or county libraries, the Department of Motor Vehicles (DMV), City Clerk's office, schools, or Chamber of Commerce offices. Languages: English, Spanish, and Tagalog. Website co.san-diego.ca.us/cnty/cntydepts/community/voters

Hours: M-F 8am-5pm

Created by:
Escondido Education COMPACT
COMPACT Community Collaborative Corps



In collaboration with:
Escondido Police Department
Health and Human Services Agency,

North Region, Children's Services

